

NEW GUIDELINES FOR LAYPERSON ADULT/CHILD/INFANT CPR

	OLD	NEW
Rescue Breaths	Deep breath at 2 seconds/breath	Normal Breath given over 1 second until chest rises
Chest Compressions to Ventilation Ratios	15:2 Adult 5-1 Child 5-1 Infant	30:2 – Adult/Child/Infant
Chest Compression rate	About 100/minute – Adult Child About 120/minute – Infant	About 100/minute – Adult/Child/Infant
Chest Compression Land marking Method	Trace up ribs – Adult/child One finger width below the nipple line at the center of the chest – Infant	Simplified approach – center of the chest – Adult/Child Just below the nipple line at the center of the chest - Infant
AED	Up to 3 shocks, then 1 minute of CPR	1 shock, then 2 minutes (or 5 cycles) of CPR
Bleeding	Direct pressure, elevation, pressure points	Direct pressure only
Anaphylaxis		Assist person with use of prescribed auto injector
Asthma		Assist person with use of prescribed inhaler

Lay Responder Adult CPR AED (Level 2)

<p>Check the Scene for Safety Tap and Shout, "Are you okay?" No Response Call or have someone call 9-1-1 or the Local Emergency Number Check for signs of life ~ for no more than 10 seconds by opening the airway, look, listen and feel for movement and breathing</p>		
<p>No Sign of Life Give 2 Rescue Breaths Chest does not rise (go to unconscious choking) Chest rises (Air goes in) Give cycles of 30 chest compressions and 2 rescue breaths</p>		
<p>AED Available Analyze</p>		
<p>Shockable Give 1 Shock(Resume 5 cycles of CPR)</p>	<p>Analyze</p>	<p>Non-Shockable Resume 5 cycles of CPR</p>
<p>If at any time an obvious sign of life is found; stop CPR, place in recovery position and monitor breathing.</p>		

Lay Responder Child/Infant CPR AED (Level 2)

Check the Scene for Safety
Tap and Shout, "Are you okay?"
No Response
Call or have someone call 9-1-1 or the Local Emergency Number
Check for signs of life
~ for no more than 10 seconds by opening the airway, look, listen and feel for movement and breathing

No Sign of Life
Give 2 Rescue Breaths
Chest does not rise (go to unconscious choking)

Chest rises (Air goes in)
Check for Pulse for no more than 10 seconds
If definite pulse begin Rescue Breathing 1 breath every 3 second. Recheck every 2 minutes

No pulse/Not sure
Give cycles of 30 chest compressions and 2 rescue breaths

AED Available-Child 1-8 or 55 pounds

Shockable	Analyze	Non-Shockable
Give 1 Shock(Resume 5 cycles of CPR)	Analyze	Resume 5 cycles of CPR

If at any time an obvious sign of life is found; stop CPR, place in recovery position and monitor breathing

Adult, Child or Infant Conscious Choking Lay Responder [Level 2]

Person cannot cough, speak or breathe
Ask, "Are you choking?"
Confirm person is choking (nods head yes or shows "universal" sign of choking)
Have someone call 9-1-1 or the Local Emergency Number
Obtain consent

Give 5 back blows
Still choking
Give 5 abdominal thrusts
(If obviously pregnant or know to be pregnant or an infant (under age of 1) Give 5 chest thrusts

Continue until airway clears or person goes unconscious
(Go to Unconscious Obstructed Airway)

Airway clear— monitor until help arrives.

Adult Unconscious Choking Lay Responder [Level 2]

Check the Scene for Safety
Tap and Shout, "Are you okay?"
No Response
Call or have someone call 9-1-1 or the Local Emergency Number
Check for signs of life
~ for no more than 10 seconds by opening the airway, look, listen and feel for movement and breathing

No Sign of Life
Victim unconscious and not breathing
Give 2 Rescue Breaths

Chest does not rise
Re-tilt head and try 2 rescue breaths again

Chest does not rise
Give 30 chest compressions
Look inside victim's mouth-
Remove object from victim's mouth if object seen
Try 2 breaths
Continue sequence (30 compression-look, swept if seen, 2 breaths) until chest rises

Check for signs of life for no more than 10 seconds — care for conditions found

Child or Infant Unconscious Choking Lay Responder [Level 2]

Check the Scene for Safety
Tap and Shout, "Are you okay?"
No Response
Call or have someone call 9-1-1 or the Local Emergency Number

Check for signs of life
~ for no more than 10 seconds by opening the airway, look, listen and feel for movement and breathing

No Sign of Life

Victim unconscious and not breathing
2 rescue breaths
Chest does not rise
Re-tilt head and try 2 rescue breaths again
Chest does not rise
Give 30 chest thrusts
Look inside victim's mouth-
Remove object from victim's mouth if object seen
Continue sequence until chest rises
2 rescue breaths-30 chest thrust -look

Check for pulse for no more than 10 seconds
Care for conditions found